## MAY DAY DRESS



The dress may be of any solid color, preferably a light spring color. It is worn with a white blouse with long or short sleeves. The skirt is a straight piece of fabric gathered at the waist and attached to the bodice. The bands on the skirt are about 3 inches wide and may be of one or two contrasting colors, plain or print. The bodice of a larger dress, size 12, for example, is 4-6 inches deep; a smaller dress, size 6, for example, 2-4 inches. The shoulder straps attached to the bodice are about 2 inches wide. The dress fastens at either the side or center back with a zipper, buttons, or hooks and eyes. The hem should be at mid-calf, and the lower width of the skirt is 3-4 yards, depending on the size of the dress. A deep hem, wide seams, and long straps are suggested for the purpose of letting out and lengthening the dress for future use.

We suggest you use a polyester / cotton blend material.

## DIRECTIONS FOR MAY DAY DRESS

## PLEASE READ ALL INSTRUCTIONS CAREFULLY BEFORE YOU BEGIN THIS PROJECT.

## SKIRT

1. Measure your daughter from waist to mid-calf.
2. Allow 1 inch for waist seam where skirt is attached to bodice at top of material.
3. Mark on skirt where hem will be
 turned.
4. Sew on bands of trim at appropriate levels, marking as you go along so the bands will match at back seam.

5. With right sides together, sew the two ends (across width of material) to make a center back seam. Leave an opening of 3-4 inches at the top of this seam for the back zipper.

Be sure your bands of contrasting material match at the back seam.



Inside view

You may prefer to sew the bands on the skirt after it has been fitted to bodice and hemmed.
6. Gather the 3-4 yards of material for the waist seam along one side of the length of the material to fit your daughter's waistline.


## BODICE

1. Measure the distance around your daughter's waist and just under her bust line. (A)
2. Measure the length from under her bust line down to her waist. (B)

3. Cut a piece of material the length of (A) (plus 2 inches) to go around her waist, and twice the length of (B) (plus 2 inches) for width of bodice.

Note: You may prefer to use hooks and eyes rather than a zipper. In that event, add 2 inches more to (A) to allow for overlap.

4. Fold the piece lengthwise with the folded side as the top of the bodice.

5. Sew the open ends to the gathered waist of skirt, leaving back seams open for zipper.

6. Sew in zipper in back of bodice and skirt.
7. To make bodice fit more snugly, you may want to make side darts to
 accommodate your child's figure.

## STRAPS

1. Measure length of straps from front to back, remembering that they cross in the back.

2. Cut 2 lengths of material, 4 inches in width and long enough to allow for seams at each end and some extra for growth.

3. With right sides together, fold each piece in half lengthwise. Sew long ends together and turn right-side out.
 Press. Tuck ends inside and stitch.

4. Attach each strap in front and in back with snaps, buttons, or by sewing.

NOTE: If they are sewn to waistband in front, they can be snapped to band in back, thus allowing for easy growth adjustment.


## MATERIALS NEEDED

1. 3-4 yards plain pastel cotton blend, any color, 36 or 45 inches wide for skirt. Add 1 / 2 yard more for bodice and straps.
2. 3-4 yards each of print or solid color stripe for bands around lower part of skirt.
3. Seven inch neckline zipper, or hooks and eyes for skirt closing.
4. Thread, buttons, snaps.
